

Class Levels

Open Level

Intermediate

Advanced



# Saturday

9:00 - 9:30	Registration					
9:30 - 10:00	Warm up					
10:00 - 11:45	Standing Acro	Acro Dance	Trio/Group	L Basing	L Basing	
	Pitch Me Something Good Acro Bear & Christina Baez-Johnson	Acro Dance Dips Tricks & Lifts Zoë Klein & Dave Paris	Group Work & Towers Sam Sweet & Ben Klein		4,3,2,1 get ta steppin Kelly Marburger & Eric Sipes	
12:00 - 12:45 Mini Session	Handstand	Handstand	Handstand	Floor Class	Handstand	Thai Massage
	One Arm Handstand Thiago	Felixbilty & Contortion	Find your Balancing Mendel Roman	Entrances & Play Sam Sweet	Inversion Recovery Emily Lesinski DPT	Standing Thai Bassam Kubba
12:45 - 2:30	Photo + Lunch Break (1:45hr)					
2:30 - 4:15	Standing Acro	Acro Dance	Trio/Group	L Basing	L Basing - Icarian	
	One Arm Hand 2 Hand Jack & Thiago	Airborne Elegance Edward & Mimi Manning	Doing Acro Three Style Milnx, Phil & Penguin	The ABC's of H2H's Rob Newmans	Touching Soles John Thorpe & Janae Brianne	
4:30 - 6:00	Standing Acro	Standing Acro	Acro Dance	Lunar	L Basing	Standing / L basing
	The Fooking Lads Tricks Jack & Thiago	Path to Inlocate Brian Konash	Act Creation Iffy Roma & Sarah Jack	Luxury Leg Love & Amor Whakapaingia	Spin Like a Top Thalia Rossitter & Matty	Gettin' Down with Get-Ups Kaylee & Chris Kirchman
6:00 - 8:00	Dinner Break					
8:00 - 11:00	Work in Progress					

# Sunday

9:00 - 9:30	Registration & Warm up					
9:30 - 11:15	Standing Acro	Standing Acro	Trio/Group	L Basing	L Basing - Icarian	
	PILOBOLUS Quincy & Paul	Step, Step Reverse Juliana & Michael Goldman	BALAcro Pop-Locate Jessi DeLeo, Kaylee Kirchman, Erin Yonker	How Many Steps? Jeremy Estey & Maria Kolakowska	Some Icarian Thingy Kerri Hilton & Taylored	
11:25 - 1:10	Standing Acro	Acro Dance	Trio/Group	Standing Acro	L Basing	L Basing - Whips
	Roll Up & Around Angela Butch & Yoni Kallai	Dance Lifts & Spins Tori Abell & Rob Li	Banquine 'Em To Queens Ari Darmon & Kimber Brenneman & Roderick Jesse Bowes	Just Ping it! Jessi DeLeo & Chris Kirchman	Funky Fresh (Counter) Balances Sarah Moser & Nate Rieder	Whips that Pop Emily Lesinski & Sean Langhaus
1:10 - 1:30	Snack Break					
1:30 - 3:15	Standing Acro	Acro Dance	Trio/Group	Lunar	L Basing - pop	
	How to be Kettlebell! (Cannonballs) Lisa Bregman & Colin Story	Embody the Wind Steve Cummings & Gina Shiotani	Midlife Crisis Melissa Wu	Thai Massage for Bases & Flyers Mary Aranas & Sandy Ames	Pancake Party Susie & Nosa Edebor	
4:00 - 7:00	Open Jam @ NYC Park Nearby - Location will be announced on Sunday					